

Development & Implementation of Integrated Behavioral Health Programs in Tertiary Care:

Clinical, Operational, Financial, & Educational Considerations

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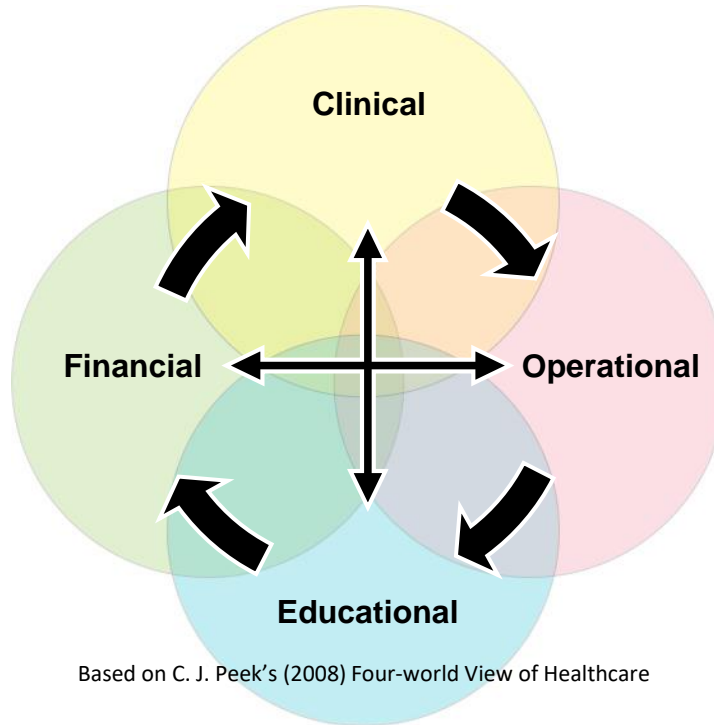
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Our patients experience:

- Traumatic Brain Injuries (TBI)
- Spinal Cord Injuries (SCI)
- Strokes
- Amputations
- New disabilities
- Ambiguous loss

Patients *and* families need emotional, instrumental, and professional support from our team:

- Medical (MD/DO)
- Nursing (RN)
- Therapies (PT, OT, SLP, RT)
- Behavioral health (**Medical Family Therapy**)
- Case Managers (Social Workers)
- Access to additional specialties (e.g., psychiatry)



Based on C. J. Peek's (2008) Four-world View of Healthcare

Tertiary care includes uniquely diverse patient populations and disciplines on the healthcare team.

Development & Implementation Strategies:

1. Identify the Need

- Clinical Need*
- Operational Need*

2. Establish Your Driver

- Regulatory Demands*

3. Build Up Support

- Look at the Data**
- Align with your Mission*

4. Recognize Your Limits

- Financial*
- Operational*

5. Understand Program Needs

- Supervision*/Mentorship*
- Partnering university requirements*

6. Find Your Person**

- Creative, flexible, organized, efficient, self-structured

7. Integrate Into the Team

- Orient to other disciplines**
- Include in existing structures*

8. Begin Evaluation Early

- Survey stakeholders**
- Measure ROI (if possible)*

Tips for Success:

- Don't let past experiences narrow your framework or reach
- Think outside the box
- Be honest about operational and financial limitations of your organization
- Find the right person to help you start
- Use available resources in your community
- Effectively utilize your connections