

Session # I2a

Preparing Physicians to Practice Integrated Behavioral Health: A Pilot Study for a Competency-Based Curriculum

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Conference Resources

Slides and handouts shared by our conference presenters are available on the CFHA website at https://www.cfha.net/page/Resources_2019 and on the conference mobile app.



Learning Objectives

At the conclusion of this session, the participant will be able to:

- Describe a competency-based, multi-modal curriculum for medical residents
- Practice core physician skills for integrated behavioral health practice
- Discuss strategies for implementing the curriculum

Bibliography / Reference

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2. Hoge, M. A., Morris, J. A., Laraia, M., Pomerantz, A., & Farley, T. (2014). Core competencies for integrated behavioral health and primary care. Washington, DC: SAMHSA-HRSA Center for Integrated Health Solutions Reference
3. Interprofessional Education Collaborative Expert Panel (2016). Core competencies for interprofessional collaborative practice: 2016 Update. Washington, D.C.: Interprofessional Education Collaborative. Retrieved on December 10, 2016 from https://ipecollaborative.org/uploads/IPEC-2016-Updated-Core-Competencies-Report_final_release_.PDF
4. Kinman CR, Gilchrist EC, Payne-Murphy JC, Miller BF. Provider- and practice-level competencies for integrated behavioral health in primary care: a literature review. (Prepared by Westat under Contract No. HHSA 290-2009-00023I). Rockville, MD: Agency for Healthcare Research and Quality. March 2015.
5. Martin, M., Allison, L., Banks, E., Bauman, D., Harsh, J., Hewitt, A. L., ... & Mauksch, L. (2019). Essential skills for family medicine residents practicing integrated behavioral health: A Delphi study. *Family Medicine*, 51(3),227-233

Learning Assessment

- A learning assessment is required for CE credit.
- A question and answer period will be conducted at the end of this presentation.

The process

- Delphi study
- Focus groups
- Identification of core competencies
- Development of curriculum

Pilot Study

- Testing the curriculum with real people!
- Identification of pilot site
- Six faculty interviews
- Nineteen completed resident surveys (pre and post curriculum)

The results

- Themes
- Lessons learned
- Moving forward

Survey Results

Q1: Communicate clearly and efficiently with other staff members to relay pertinent behavioral health information about the patient

Q2: Understand behavioral health evaluations and treatment plans in the electronic health record

Q3: Work as part of a team to appropriately screen adults and/or children for behavioral problems

Q4: Follow up with team or patient on behavioral health services through direct communication or electronic health record

Q5: Describe the bi-directional influence of medical and behavioral health problems to patients and family members

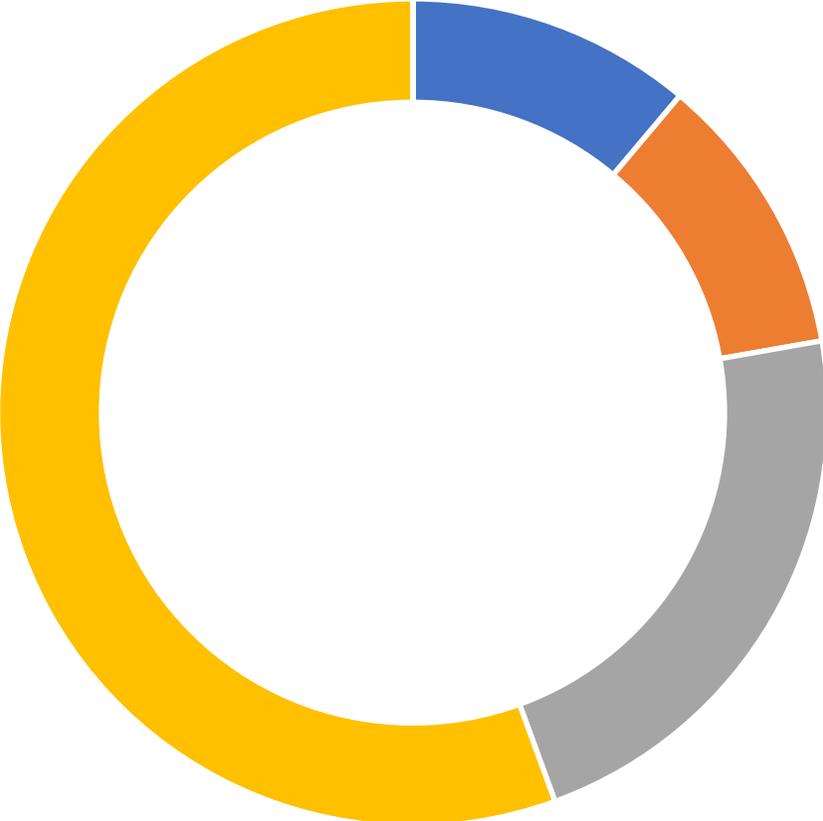
Q6: Recognize and address misconceptions about behavioral health services expressed by patient or staff members

Q	Pre	Post	Retro
1	2.55	3.33	2.77
2	2.11	3.55	2.77
3	2.22	3.44	2.66
4	2.44	3.55	2.77
5	2.33	3.77	2.88
6	2.33	3.66	2.66
TOTAL	2.33	3.57	2.76

Sample Size: 19 FM residents

How would you rate the value of this training?

Post Q7



■ No benefit

■ Benefit others

■ Needs improvement

■ Immediate use

■ Changed way

What got you interested in this pilot?

This whole ... program training that you guys had is sort of amazing and seems like real high level expectations that I don't know that we'll ever really meet but I think is a great goal to work towards.

I really wanted to give our residents some knowledge about what integrated care is and what it looks like, or could look like in clinic.

I heard you guys talk about the core components of competency. So anyways, I was just looking for other curriculum that were already out there to participate in and this was a good opportunity to both learn more about the competencies.

What are your overall impressions?

I think it was good. I think there. I liked. I would like to probably have seen a little bit more focus on interventions and maybe like scripting for warm handoffs and things like that.

I might suggest having the coordinator behavioral health or whatever the position is that's going to do this training actually do the whole thing first themselves because I felt like I didn't really own the material.

There were things that I liked about it a lot. And then there's a couple things that I felt like were challenges for some of our residents and so it was challenging for me to get two hours scheduled

What do you think about the online modules?

I knew for sure that I wasn't going to be able to get them to do anything outside of my lecture time ... So I actually did had them do the pre modules in the workshop.

The feedback I got from residents was that they really liked the in person workshop more than the online modules. That's what I was told.

So I liked those as well. I felt like if you were a learner who wanted to get more information that you can kind of take your time, you get a little deeper.

What do you think about the live workshop?

Some of the material wasn't as engaging, or at least the residents didn't respond well to it. The videos were a nice break up of your slides.

Again, I think [the residents] like getting tools, you know, really practical things they can take away and try or things they can say.

Yeah so scheduling was a challenge as well as making sure that the the residents did all the prep work before they came. If I like if I were going to do it again. You know, like in our 18 month cycle I would try to do more time with the role play.

What would
make the
training even
better?

A video of someone actually doing the workshop. I think that that could be really interesting.

I'd make it shorter.

We could have spent, between the three cases, we could have probably spent almost an hour working on those. Yeah, that's also like how they this particular group is very focused on case based learning.

Session Survey

Use the CFHA mobile app to complete the survey/evaluation for this session.



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