#### DD Plus: An Interdisciplinary Learning Collaborative to Improve Rural Primary Care for Children with Complex Needs

- Jarod Coffey, LCSW, Behavioral Health Provider at Mission Children's Hospital Olson Huff Clinic for Child Development
- Gary Walby, Ph.D., MSPH, MS, Director of Complex Systems Innovations



Please Complete Getting to Know You Questions as You Are Seated

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#### Faculty Disclosure

The presenters of this session <u>have NOT</u> had any relevant financial relationships during the past 12 months.



#### Conference Resources

Slides and handouts shared by our conference presenters are available on the CFHA website at <a href="https://www.cfha.net/page/Resources">https://www.cfha.net/page/Resources</a> 2019 and on the conference mobile app.





#### Learning Objectives

#### At the conclusion of this session, the participant will be able to:

- List key components that made the model successful
- Identify potential target primary care practices based upon services available at the practice.
- Describe the design of the education model used to increase primary care provider confidence.



#### Bibliography / Reference

- 1. Jury, S.C., Walker, A.M., and Kornberg, A.J. (2013). The introduction of web-based video-consultation in a paediatric acute care setting. Journal of Telemedicine & Telecare, 19(7), 383-387.
- 2. Lin, E., Balogh, R. Cobigo, V., Ouellette-Kuntz, H., Wilton, A.S. & Lunsky Y. (2013). Using administrative health data to identify individuals with intellectual and developmental disabilities: a comparison of algorithms. Journal of Intellectual Disability Research, 57(5), 462-477.
- 3. Giannarou, L. & Zervas, E. (2014). Using Delphi technique to build consensus in practice. International Journal of Business Science and Applied Management, 9(2), 65-82.
- 4. Hackerman, F., Schmidt, C.W., Syson, C.D., Hovermale, L., Gallucci, G. (2006). Developing a model program for patients with intellectual disability in a community mental health center. Community Mental Health Journal, 42(1), 13-24.



#### Learning Assessment

- A learning assessment is required for CE credit.
- A question and answer period will be conducted at the end of this presentation.



#### Where Are You From?

## How has Your IC Project Been Successful?

### Where Are We From?

## Anyone Heard of Asheville?







### "Bunk"

Is from Buncombe County

# DD Plus Arose in Response to Our Geographic Setting

#### DD Plus Project

- Purpose
- Eligibility
- Structure
- Initial Outcomes
- Struggles



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#### Purpose

- To increase knowledge, capacity and willingness to engage in Integrated Care for persons with disabilities with complex needs
  - <u>Physician practices</u>: Received Collaborative Office Rounds (COR) on a monthly basis
  - Behavioral Health Practices (BHP): Received BHP targeted trainings, case presentations and vignette practice monthly
  - Some practices have embedded family navigator



#### Eligibility

- 3-21 years, and
- I/DD including GDD (3-6 yrs), ID, ASD, CP and other DD, and
- Established behavioral health diagnosis, and
- Any 1 of the following:
  - Seeing 2 or more health care providers
  - Receiving multiple treatments/interventions
  - Interacting with multiple systems (clinics, behavioral health, EC programs, social services)
  - Technology-dependent (gastrostomy, communication device, orthotics, hearing aids)
  - History of frequent or prolonged hospital admission
  - Evidence of heightened family stress or challenging transitions
- ID = significant limitations in intellectual function, adaptive behavior, onset in childhood. Prevalence 2-3%
- DD = severe chronic disability, resulting in substantial functional limitations (DD may include some children with ADHD, LD, FASD, birth defects). Prevalence 15-20%



#### Structure

- Collaborative meetings, focus groups and online surveys were used to determine and develop content for BHP and COR
- Video-conferencing facilitated conferencing
- Post-training surveys collected outcome and satisfaction data
- Semi-structured interviews with participants (in progress) provides detail to assess impact



#### Initial Outcomes

#### **Outcome**

- 1. Participant satisfaction
- 2. Quality of information for didactic portions
- 3. Increased confidence/self-efficacy
- 4. Perceived impact of training for 4. consumers treated in practices
- 5. Increased understanding of community resources

#### Impact/Findings

- 1. 99% agreed/strongly agreed with overall satisfaction
- 2. 94% agreed/strongly agreed with quality of information
- 3. 88% agreed/strongly agreed with increased self-efficacy
- 4. 74% agreed/strongly agreed that the training has directly benefited consumers

#### Struggles

- Finding the right time for participation
- Recruiting practices
- Getting providers to consistently reach out for consult outside of COR's



#### Group Activity

Please take a few minutes to discuss the question assigned to your group, and jot down some notes on your group's thoughts in response to that question.



#### Discussion

Each group will take a few minutes to present key concepts that came up in response to their question



#### What have we done?

- Sustainability
- Feedback
- Provider Engagement
- Impact



## Questions? Further Discussion

#### Session Survey

Use the CFHA mobile app to complete the survey/evaluation for this session.





Join us next year in Philadelphia, Pennsylvania! Thank you!