

Uncharted Territory: Creating Pathways for Behavioral Health & Dental Integration

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Faculty Disclosure

The presenters of this session have NOT had any relevant financial relationships during the past 12 months.

OR

The presenters of this session currently have or have had the following relevant financial relationships (in any amount) during the past 12 months.

(list each conflict here)

Conference Resources

Slides and handouts shared by our conference presenters are available on the CFHA website at https://www.cfha.net/page/Resources_2019 and on the conference mobile app.



Learning Objectives

At the conclusion of this session, the participant will be able to:

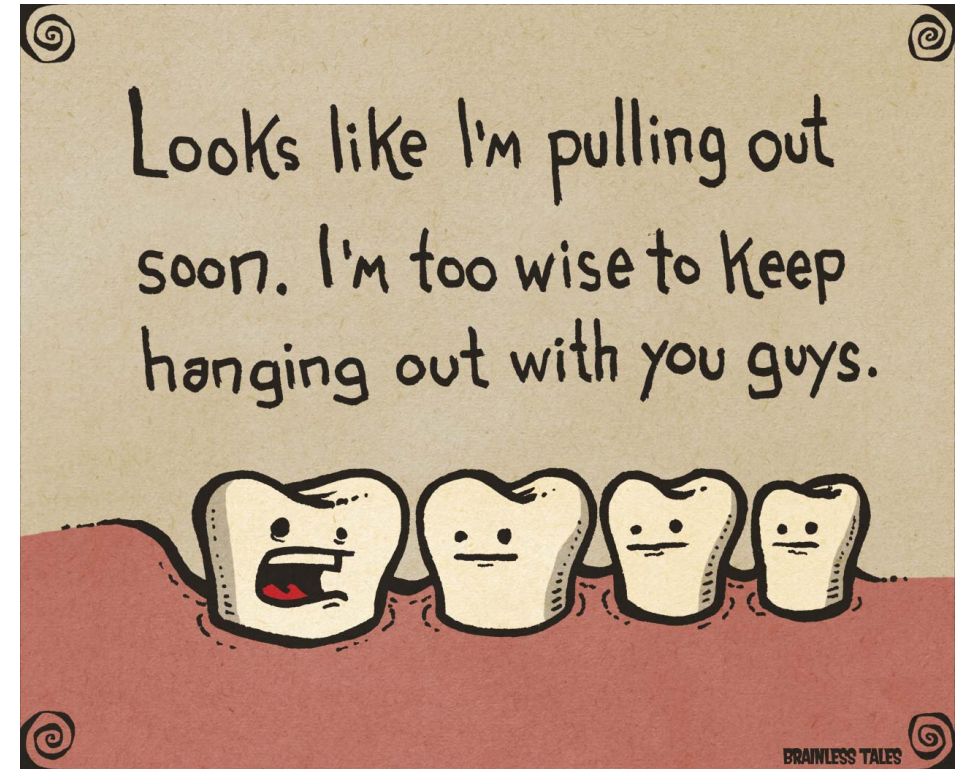
- Describe workflows and strategies for implementation.
- Describe areas of clinical focus (e.g., anxiety, substance use disorders, child abuse, and treatment adherence).
- Describe strategies for gaining leadership, staff, and patient buy-in for this type of integration.

Bibliography / References

1. Atchison, K.A., Rozier, R.G., & Weintraub, J.A. 2018. Integration of oral health and primary care: Communication, coordination, and referral. *NAM Perspectives*. Discussion Paper. National Academy of Medicine, Washington, DC. <https://doi.org/10.31478/201810e>.
2. Auxier, A., Farley, T., & Seifert, K. (2011). Establishing an integrated care practice in a community health center. *Professional Psychology: Research and Practice*, 42(5), 391-397
3. Institute of Medicine. 2011. Improving access to oral health care for vulnerable and underserved populations. Washington, DC: The National Academies Press, doi: 10.17226/13116
4. Vujicic, M., H. Israelson, J. Antoon, R. Kiesling, T. Paumier, and M. Zust. 2014. A profession in transition. Guest editorial. *Journal of the American Dental Association* 145(2): 118-121.

Learning Assessment

- A learning assessment is required for CE credit.
- A question and answer period will be conducted at the end of this presentation.



Behavioral Health Issues in Dental Care

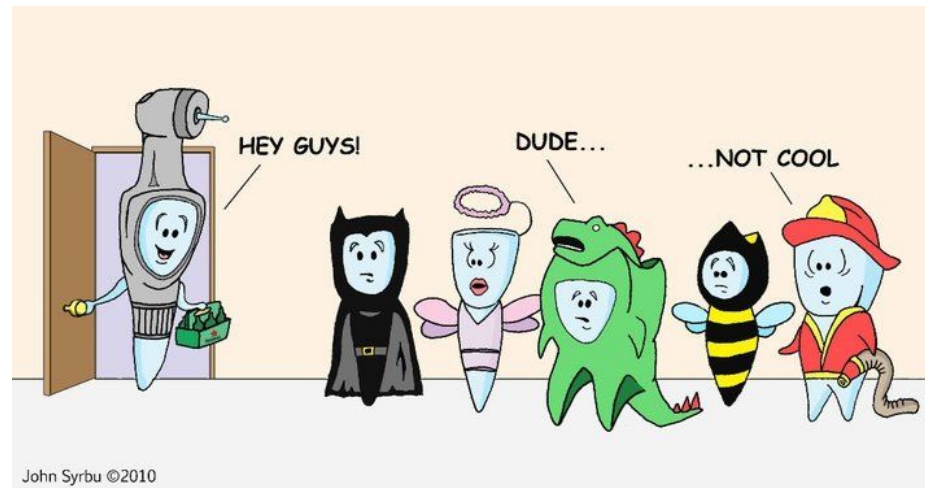
- Approximately 16% prevalence of psychiatric morbidity
- Approximately 50% of dental patients experience anxiety
- Perception of dental pain can further contribute to existing depression and anxiety



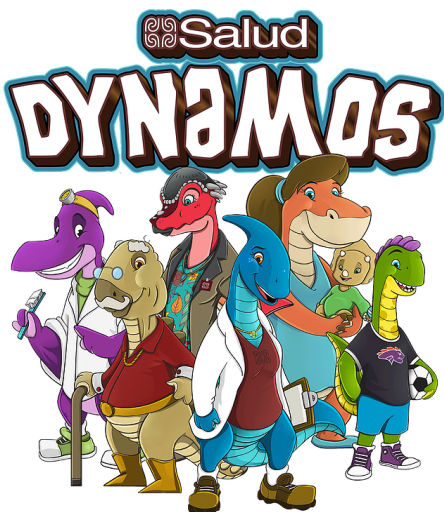
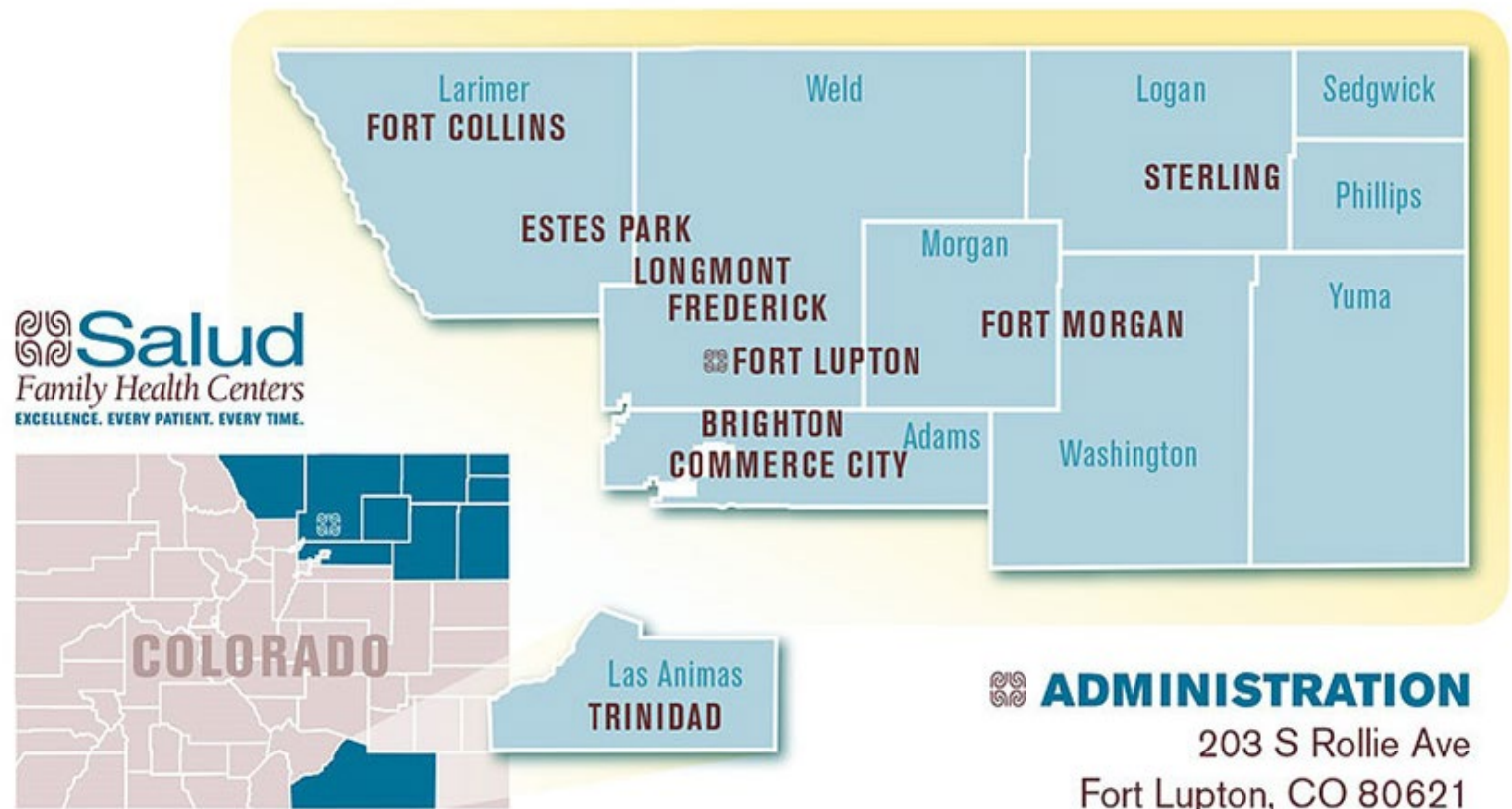
Office for National Statistics (2003). Psychiatric morbidity among adults living in private households, 2000. UK Data Service

Behavioral Health Issues in Dental Care

- Dental practitioners encounter patients with mental health problems frequently (Lloyd et al., 2001)
 - 78% of dental practitioners surveyed
 - Almost 50% do not refer patients for mental health services



Salud Family Health Centers



Salud Family Health Centers

Our mission:

To provide a quality, integrated health care home to the communities we serve.

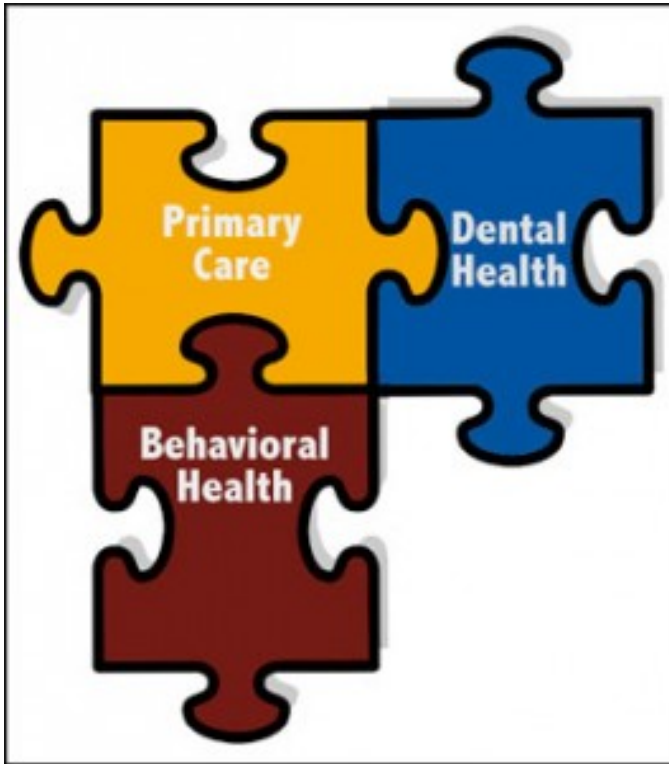


81,686 patients served

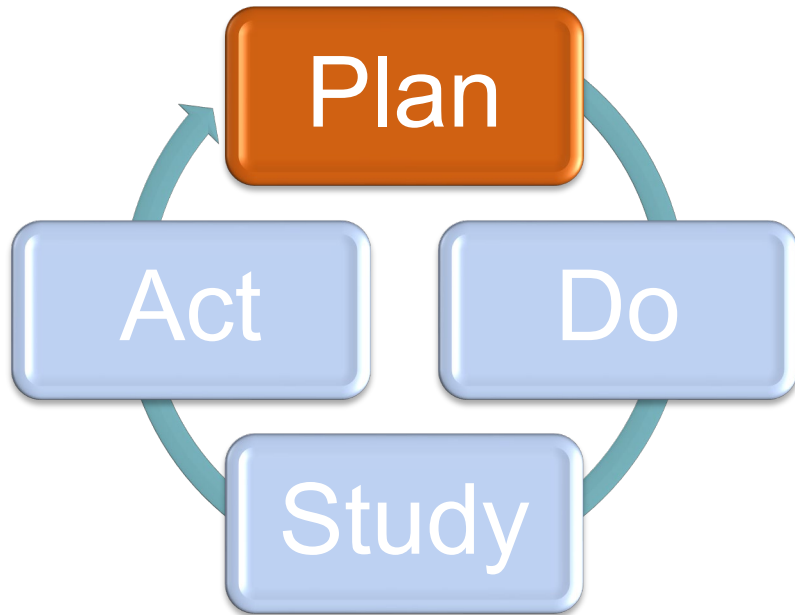


359,121 patient visits in the last year

Identifying a Need



- Limited collaboration between Dental and BH
- Population health management!
 - Increase access to behavioral health service
 - Expand knowledge of BH services available to families given multiple social determinants of health affecting community



- Identify site
 - Commerce City
- Identify workflow
 - Scheduling
 - Referrals
 - Consults
- Obtain clinic/staff buy-in
- Identify start date
 - Nov 12, 2019

A bit about Commerce City...

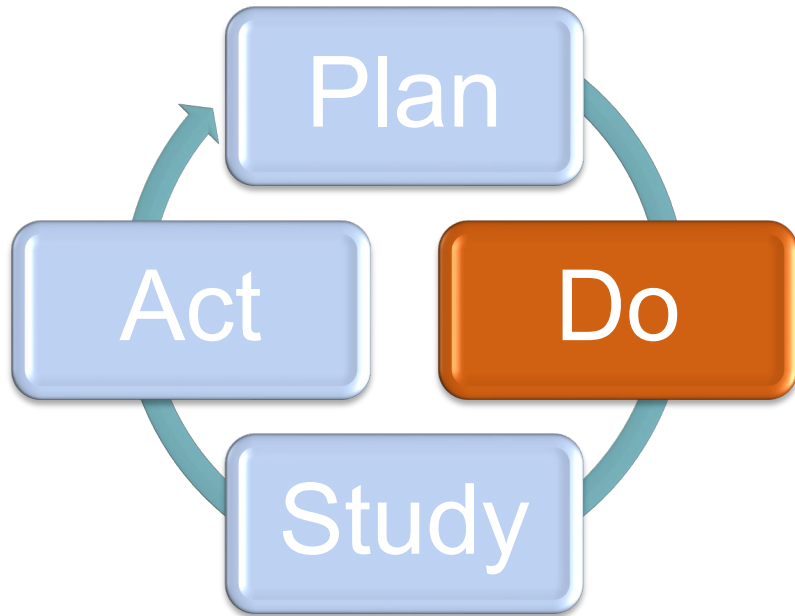
The City

- Located in Adams County
- Mixed residential and industrial community
- Multiple social and physical determinants of health
- 46% Latino
- 12% below poverty level
- 10% <65 years old uninsured

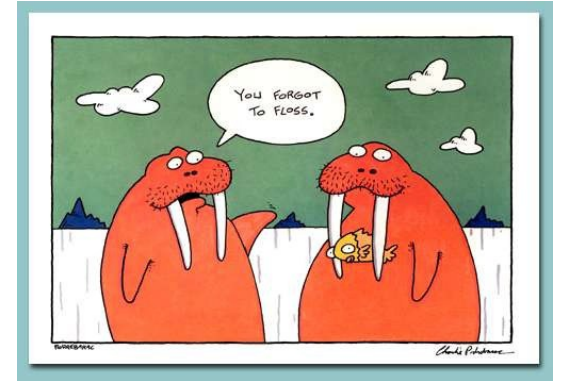
The Clinic

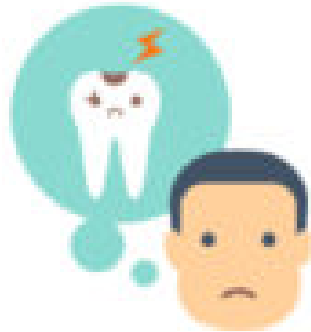
- Just over 17,000 patients
- 10,000 dental visits in the last year
- 78% Latino, 49% monolingual Spanish-speaking
- 31% uninsured





- BH presence twice a week
- Screening
- Consults
 - Depression and anxiety
 - Adverse childhood events
 - Substance use
 - Promotion of healthy lifestyle changes
- Interventions
 - Motivational Interviewing
 - Solution Focused Brief Therapy
 - Psychoeducation



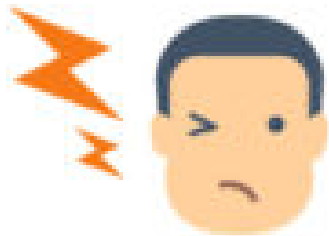


PREVIOUS NEGATIVE
DENTAL EXPERIENCE



LACK OF CONTROL DURING
DENTAL TREATMENT

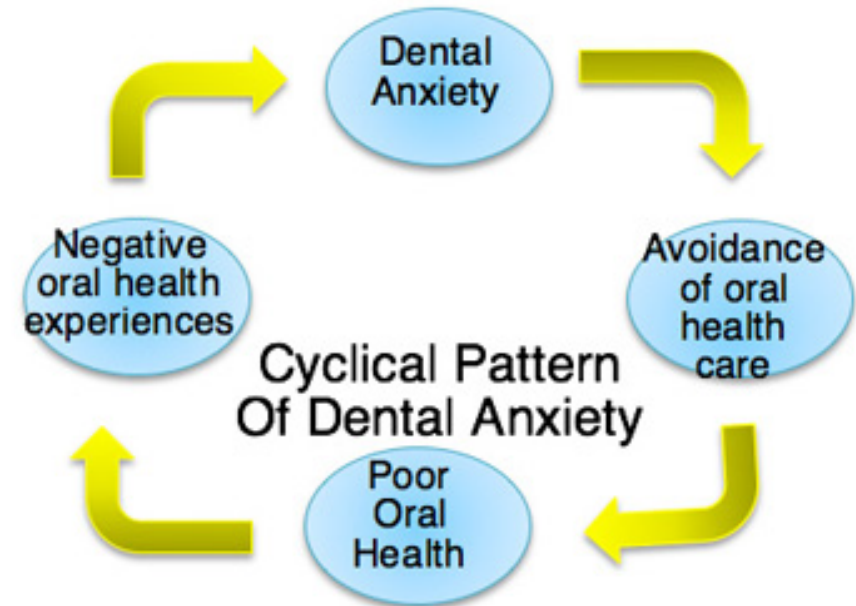
CAUSES OF DENTAL ANXIETY



EXPERIENCING EXTREME
PAIN AFTER TREATMENT



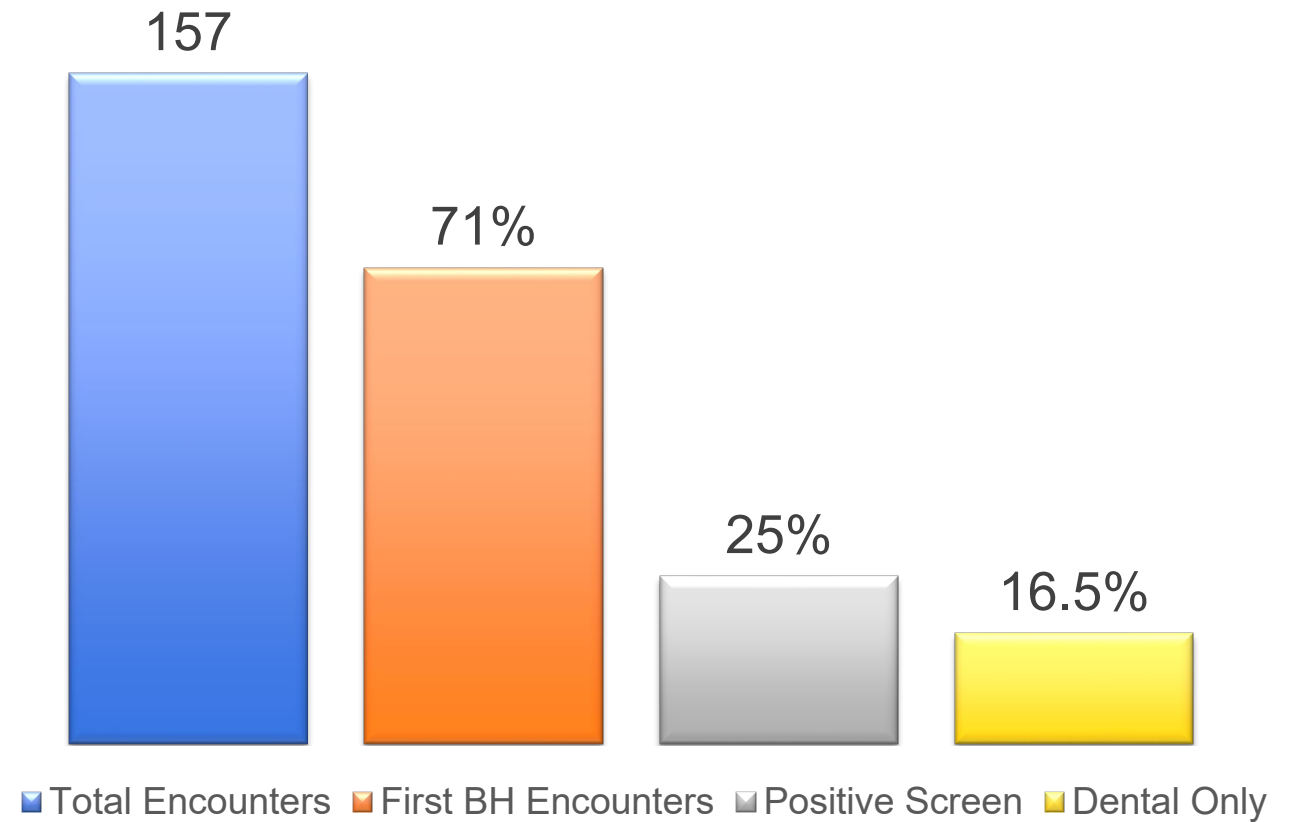
LACK OF UNDERSTANDING
FROM THE DENTIST

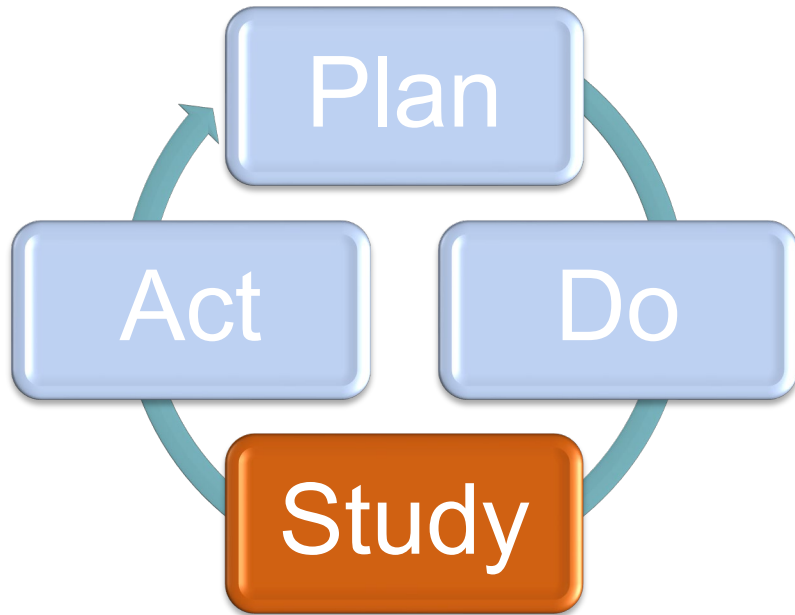


Negative cyclical pattern of dental anxiety. Daniel, Susan. Harfst, Sherry. Wilder, Rebecca. Mosby's Dental Hygiene Concepts, Cases, and Competencies. 2nd edition, page 754. 2008.

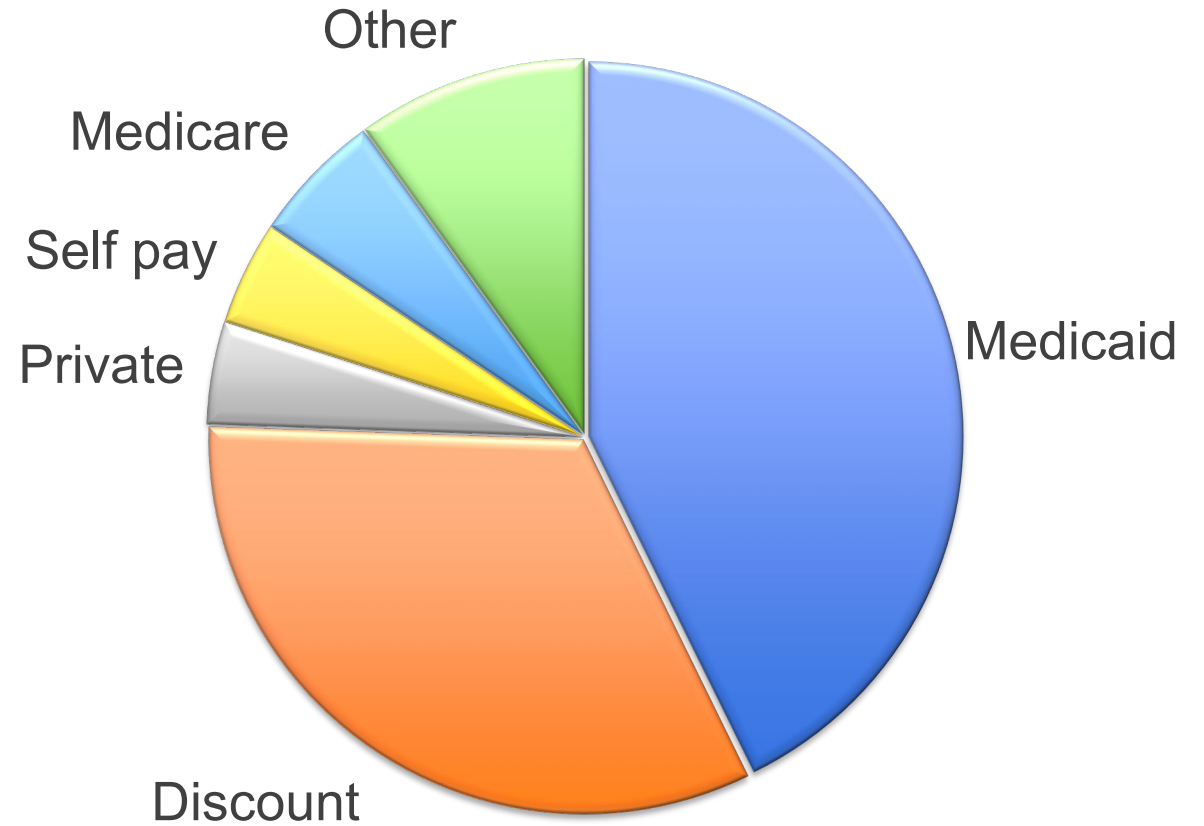


BH Encounters in Dental





Payor Mix





Dental staff and providers completed surveys about their perceptions of BH services

- Majority strongly agree that BH is an important service
- Majority strongly disagree that BH interferes with dental workflow
- Majority strongly agree that they would like to continue providing BH services in Dental



Overwhelming patient and provider gratitude for BH and interest in increasing BH presence

"I have requested Laura to speak to parents who are having difficulty managing their children's behavior. This is extremely valuable."

"Patients are able to have a more complete medical and dental experience."

"More patients are getting the opportunity to be screening without having to make an appointment."

"It has been wonderful having Laura working with us, she has helped our patients who are struggling in their lives."



Identified Barriers

How to introduce BH services in a dental practice

- *Provide more adequate training to dental assistants and other staff on BH services*
- *Provide pamphlets/handouts describing BH services*

Incorporating BH into workflow given limited presence (e.g., remembering to bring patients to BHP)

- *Set reminders for dental assistances (e.g., sticky notes)*
- *BHP now has work area between dental offices and exit*

Next steps

- Increase BH presence in Dental
 - Time on the “floor”
 - More BHPs
- Incorporate BH interventions into dental staff trainings
 - Motivational Interviewing to increase dental treatment adherence (e.g., flossing, brushing)
- Disseminate BH education to patients
 - Decrease stigma to mental health
 - Increase knowledge of BH services
- Identify efficient ways of collecting data



Session Survey

Use the CFHA mobile app to complete the survey/evaluation for this session.



Join us next year in Philadelphia, Pennsylvania! Thank you!