

**Primary Care Psychologists** (Behavioral Health Providers) specialize in a broad range of services to patients and care providers including education, assessment, and brief intervention. Working with BHI Providers can optimize the care plans regarding patient issues such as disease management and health behavior change.

**Patient Referrals:** ANYTHING you think might be helped through behavioral, cognitive, or emotional changes as well as collaborative care needs and patient education

**Services:** Brief interventions (generally 1-6 sessions), symptom evaluation and diagnostic assistance, crisis triage, patient and staff education, as well as consultation surrounding issues of chronic diseases, treatment compliance, and referrals.

**Please rate below how often you see patients present with the following issues:**

	Never	Rarely	Sometimes	Often	Continually
SPMI (Schizophrenia, Bipolar, etc.)	0	1	2	3	4
Attention/impulse problems, stimulant medication issues	0	1	2	3	4
TBI recovery, dementia, seizures	0	1	2	3	4
Anxiety, panic, social issues	0	1	2	3	4
Depression, isolation, anhedonia	0	1	2	3	4
Trauma-related symptoms, PTSD	0	1	2	3	4
Marital/family/child relationship problem	0	1	2	3	4
Psychiatric medication questions	0	1	2	3	4
Chronic pain, fibromyalgia	0	1	2	3	4
Tension/migraine headache	0	1	2	3	4
Grief and loss	0	1	2	3	4
OB/GYN, perinatal	0	1	2	3	4
Sexual functioning issues	0	1	2	3	4
Drug abuse, harm reduction	0	1	2	3	4
Excessive alcohol/cannabis use	0	1	2	3	4
Smoking cessation, tobacco use	0	1	2	3	4
Eating disorder, dietary problem	0	1	2	3	4
Obesity/weight loss, sedentary lifestyle	0	1	2	3	4
Cardiovascular disease, hypertension	0	1	2	3	4
IBS, GERD, somatic anxiety	0	1	2	3	4
Diabetes management/education/compliance	0	1	2	3	4
Adjustment issues to medical diagnoses, health anxiety	0	1	2	3	4
Misuse of healthcare, disruptive behaviors	0	1	2	3	4
High risk or impulsive behaviors, gambling	0	1	2	3	4
Stress/relaxation problems, muscle tension	0	1	2	3	4
Breathing issues, asthma, hyperventilation, COPD	0	1	2	3	4
Health literacy problem, problems understanding plans	0	1	2	3	4
Treatment coordination, referral issues	0	1	2	3	4
Insomnia, restlessness, prescription sleep medication	0	1	2	3	4
Suicidal thoughts, self-harm, safety planning	0	1	2	3	4
Non-adherence with treatment plan, medication	0	1	2	3	4
Coping with chronic/terminal illness	0	1	2	3	4

**To involve BHI:** Find me in my office; feel free to knock and interrupt if I am with a patient, it is part of my informed consent disclosure. InBasket messages can also be used after hours or for patients unable to meet with BHI during same day visit.